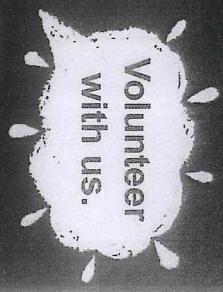


Talk to us

We offer:

- Free telephone support service
- Free support service for Deaf people using webcam, FaceTime & Skype
- Free training
- Chat & share groups throughout Devon
- Life coaching
- Volunteering opportunities
- BSL Counselling



Time to Talk is launching a new support service, which will help tackle isolation & reduce loneliness across Devon.

Get in touch...

Call: 0300 303 3691

Email: time2talk@livingoptions.org

Text: 07300 011215

Web: livingoptions.org/support-help/time-talk

Living Options
DEVON



NATIONAL LOTTERY FUNDED

Facebook icon | Twitter icon | @timetotalkdevon

Supported by the Big Lottery Fund and delivered by Living Options Devon (Charity no: 1102489).

MyHealth+

Information to support making the right decisions for me
myhealth-devon.nhs.uk



- Information about your condition, how to manage it confidently and what local support is available
- Links to resources to help you make decisions about your health

